

## I-TECH

International
Training & Education
Center for Health













# COVID-19 PROGRAM AND TRAINING CHALLENGES AND SOLUTIONS

## **Key Populations Program Training Challenges**

- The KP toolkit was developed to provide interactive training in-person.
- Due to COVID-19, the toolkit was customised to an online training methodology.
- I-TECH conducted a pilot training session in May 2020 to ensure preparedness with the online training methodology, content material, and data collection tools.
- Further revisions of the training materials were made based on the pilot feedback.

#### Continued

• I-TECH worked closely with CDC technical lead and consultants to revise the contents of the material.

- Developing e-versions of training materials and the customization of training methodology proved to be extremely complex, time consuming and costly.
- The revised toolkit was completed in August, and training commenced immediately for partners and DSPs via Zoom web conferencing.

## MhINT APC Component

There were three layers of training that needed to be moved online:

## 1. Clinical training of nurses and doctors:

 This was done by moving training onto an online training platform for self-directed learning.

#### 2. Training of the DSPs to be Master Trainers:

This was done by conducting a 2-day training on a webinar.

## 3. Providing an orientation to managers and Facility Trainers:

 This was done by equipping the DSPs with a PPT that they can present in a webinar.

## MhINT APC Program Challenges

- Customizing the training materials to online courses and webinars were challenging and time consuming.
- Materials were completed by mid-August, and DSPs were trained thereafter leaving little time for trainers to prepare for training.
- Training cascades had to be combined for DSP master and facility trainers due to limited time.
- While I-TECH could not implement trainings at the facility-level, we
  are supporting DSPs who have already began planning the
  implementation of the trainings in the districts they support.

## **MhINT Psychosocial Component**

- The MhINT psychosocial component includes training lay counsellors to screen and provide counselling to patients.
- Due to the nature of the training, the psychosocial training could not be adapted to an online training methodology.
- Psychoeducational tools were developed to provide mental health literacy tools for depression, anxiety, grief and loss, and adherence in four SA languages.
- Challenges included completing the materials in time for training resulting in printing delays.
- Hardcopy materials were not delivered to DSPs in time for the training, however, all participants were provided with e-materials.

## **Technical Training Challenges**

## **Key Populations**

- Training Invitations shared among colleagues
- Difficulties in registrations
  - Zoom link available to all
  - Registrations with incorrect emails
  - Reach of training participants beyond count:
    - same organisation
    - one zoom account without registering
    - Proxy user names

#### **MhINT**

- Training invitations specific for master and facility trainers from 2 DSPs
- Communication occurred directly with training managers for each DSP
- Managers sent participant registration sheet with participants details
- Only the names on the list were admitted to the training
  - log in with their full names

## **Inexperience Using Online Training Platforms**

#### **Trainers**

- Never used zoom to train before
- Difficulties playing videos (audio settings)
- Learning new advanced features:
  - Whiteboard,
  - Pre-advanced groups for breakout rooms,
  - Video settings
  - Co-hosting

## **Participants**

- Some participants had never used zoom
- Rare occurrences of people attempting to log in with MS Teams
- Difficulties in changing audio and video settings
- Preference: in-person training

## Solution

I-TECH provided both trainers and participants IT Support

- Participants' WhatsApp group was created specifically with IT Technicians to provide immediate Technical assistance:
  - Application download and login
  - Data Connectivity
  - Audio and visual settings
- 2. Admin WhatsApp group for trainers

Additional facilitators to monitor and respond to messages on WhatsApp groups

## **Solution Continued...**

 Admitting people in 10mins before training to assist with technical difficulties

- Introduction to include few slides on how to use zoom:
  - Chat functions
  - Video and Audio
  - Recordings
  - Rename user name
- Co-hosting to respond to Zoom chats during trainings

## **Load Shedding- Electricity Power Cuts**

Participants (<5%) experienced load shedding for 1-3hrs during training.

#### **Solutions**

- Provided training presentations, materials and recordings
- Provided the option for participants to join the next training session

#### **Lessons Learnt**

- Detailed emails for future trainings to prepare for load shedding:
  - Check load shedding schedule
  - Keep phones/laptops fully charged and make provisions for data
  - Where possible, access trainings at work: Generator

## **Online Data Collection Surveys**

All training data collection tools were converted to online surveys, including online registration, pre-post test surveys and evaluation forms.

#### <5% of participants struggled to access the online survey links:

- Browser compatibility
- Poor internet connection

#### Solution

- Using smartphones to access links (WhatsApp/email)
- Technical assistance provided

#### **Response rates**

Low: required multiple reminder emails and WhatsApp communication reminders

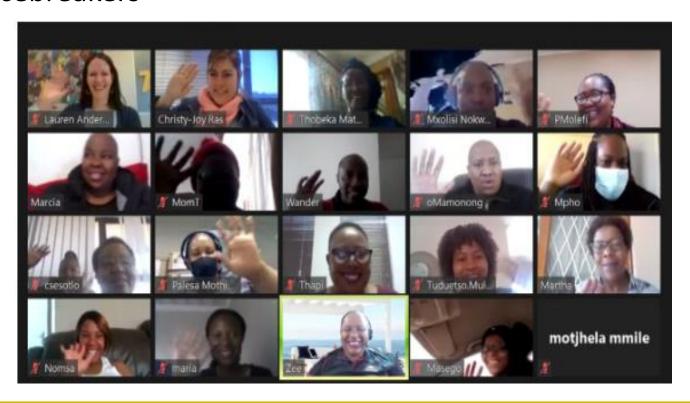
## **Training Sensitivities**

- Trainings included sensitive information making it difficult to generate discussions.
- Trainers could not assess body language.
- Trainers shared their experiences on the subject to foster discussion encouraging participants to engage.
- Breakout rooms to facilitate conversations.
- Trainers debriefed after each day of training to improve the next trainings.

## Continued...

## **Create space for connection by:**

- Turning camera's on
- Icebreakers



## **End Result**

#### Overwhelming positive feedback from participants

#### **KP Training**

"Keep up the good work. I am a clinician who has been working for more than 8 years in the facilities. I was not even aware that PWID are provided with clean needles. Thank you so much I am now a better person equipped with knowledge and ready to share that information and serve my community at large. Keep it Up!!!"

#### **MhINT APC Training:**

"You made training very easy to follow and navigate. We were so engaged, as a result I feel empowered and capacitated to go out and share to improve service delivery."

#### **MhINT Psychosocial training:**

"I loved everything and will encourage staff, and train to do more talks around Mental health as focus is often on HIV education"