

Terms of Reference

Psychologist for the Medical Research Foundation of Trinidad and Tobago

The Medical Research Foundation of Trinidad and Tobago (MRFTT) seeks a full-time psychologist to provide mental health and other behavioural health services at its clinic in Port of Spain. The Psychologist will be hired as a local consultant by I-TECH through PEPFAR funding provided by the US Health Resources and Services Administration. Remuneration will be at local staffing rates. The duration of the consultancy is through 29 September 2020 with the possibility of extension.

SCOPE OF WORK

- Conduct psychological assessment of all referred patients.
- Diagnose psychological, behavioral and emotional disorders in accordance with diagnostic criteria.
- Develop a treatment plan based on initial assessment.
- Treat psychological disorders utilizing evidence-based psychotherapeutic techniques; select appropriate treatment approach including frequency, intensity, and duration of individual, group, and family therapies.
- Assess patient progress and modify treatment programs accordingly.
- Provide crisis intervention in situations requiring immediate psychological treatment.
- Communicate with and counsel family members and caregivers as appropriate
- Refer patients to appropriate services for mental health and substance use disorder treatment; refer patients to HIV care team members for other needs as appropriate
- Maintain contact with referral agencies to provide ongoing communication and collaboration
- Conduct psychotherapy groups for PLHIV at MRFTT
- Provide high quality clinical consultation to HIV care team members, including providing assistance and consultation to support group facilitators at the clinic site.
- Document therapy in accordance with policies and procedures regarding medical records; implement and adhere to policies that ensure patient confidentiality.
- Assist in relevant behavioural health data collection and prepare reports per MRFTT requirements

REPORTING RELATIONSHIP:

- Reports directly to Dr. Isshad John at the MRFTT for daily oversight and direction
- Meets regularly with I-TECH HQ Senior Program Manager, Shelia St. Thomas, as well as I-TECH's lead consultant on behavioural health activities, Liz Stevens.

REQUIREMENTS/QUALIFICATIONS:

- A Master's degree in Clinical Psychology
- At least 5 years of experience providing cognitive behavioral therapy to patients
- Experience facilitating group therapy sessions and/or leading support groups
- Experience with Motivational Interviewing, Trauma-informed Care, and a harm reduction approach desirable
- Ability to work successfully as part of a multidisciplinary team
- At least three years of experience working with PLHIV
- Understanding of the full range of issues around the clinical management of HIV/AIDS, including behavioural health factors, stigma and discrimination.

APPLICATION INSTRUCTIONS:

Applicants should submit a resume and cover letter to Ms. Alana Lum Lock Cardinez at alumlockcardinez@itech-caribbean.org by 24 January 2020.